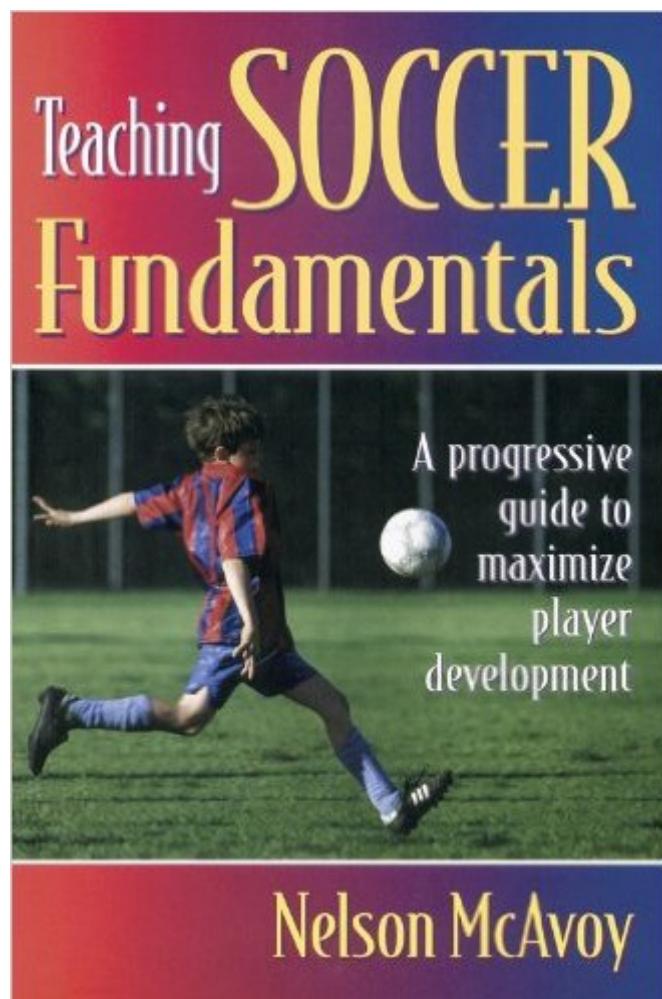


The book was found

Teaching Soccer Fundamentals



Synopsis

As a soccer coach, you need to know how to teach basic skills and run solid practices. *Teaching Soccer Fundamentals* explains how to maximize young athletes' learning of essential techniques and tactics through fun and efficient practice sessions. Including helpful photographs and illustrations as well as instructions that are easy to understand and apply, this book shares more than 30 years of soccer coaching experience. Author Nelson McAvoy offers tips for maintaining kids' short attention span and methods for boosting participation, including short-sided games. *Teaching Soccer Fundamentals* will make next season a more rewarding experience for you and your players.

Book Information

Paperback: 184 pages

Publisher: Human Kinetics (August 24, 1998)

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Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (10 customer reviews)

Best Sellers Rank: #274,220 in Books (See Top 100 in Books) #27 in Books > Sports & Outdoors > Coaching > Children's Sports #219 in Books > Medical Books > Medicine > Sports Medicine #303 in Books > Sports & Outdoors > Soccer

Customer Reviews

In his book, Nelson McAvoy offers you a plan on how to teach young players the game of Soccer, rather than another book of drills. Unlike most books, he centers on the development of the child learning capabilities and how they learn to kick a ball. Then he explains how to teach it. Through a step by step procedures, he develops the laces kick, then the inside of the foot push pass as the child learns how to turn their foot. The book is filled with enough pictures, practice plans, and games to keep your youth team busy and learning in a fun environment. I would recommend this book for any coach who is looking for the long term development of the youth player.

Regardless of whether you know the game, if you want to learn more about how to teach the game, this is the book for you. I grew up playing, but starting coaching was a struggle to get the kids to

understand -- until I bought this book 2 years ago. I still recommend it, and I still use it. This shows you what skills to start with and how to progress as the kids catch on. With the philosophies and games in this book you can keep the attention of your team for many many practices.

This is the best single soccer coaching book I have. It is well-written with humor (he confirms something I've always suspected - when you are yelling at the kids during the game, it sounds to them like you're speaking Bulgarian). I have used more drills and ideas from this book than any single other book. I highly recommend this one.

Nelson McAvoy briefly coached my sister, and was one of the best even back in the '70s. Every word in this book resonates with the experiences of what works and what doesn't. You'll learn just how much learning to mix in with the right amount of fun, and the book is chock full of drills that will train the players to act like a soccer player without thinking about it. I just know when I get out there on the field armed with this book that the kids are going to enjoy it enough to sign up next year, and are going to learn the game without realizing it because they're having a blast.

Nelson McAvoy is a former rocket scientist who coaches youth soccer. He has thought and learned a lot about HOW kids learn to play soccer, and in this book he tells you about it clearly, entertainingly, and compellingly. I don't have his experience in coaching kids in the 9-11 year-old range, but I still found the book invaluable, because now I know what I can and can't expect to accomplish with younger kids. I also understand how important it is to be a teacher, and how it can hurt the kids' development if you just "let them play" without introducing the right skills when they are ready to acquire them. Any coach who reads this book and doesn't become that kind of teacher for kids in that critical 9-11 year age group must not have been paying attention! This one is a keeper.

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